

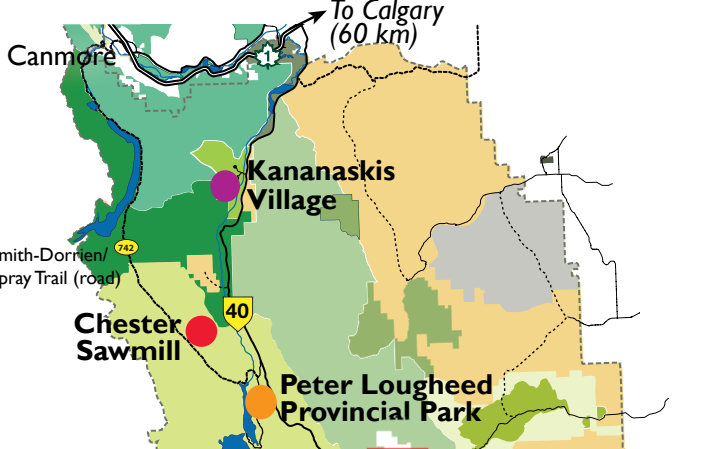
Kananaskis Country offers many wonderful opportunities for snowshoeing and this brochure provides details on the 16 designated snowshoe trails in Peter Lougheed Provincial Park and the Kananaskis Valley. These trails are designated for beginner, intermediate and advanced snowshoers and are located in Simple Class 1 Terrain as defined by the Avalanche Terrain Exposure Scale. For more information visit www.avalanche.ca

Snowshoers intending to venture off of these designated trails and into more complex avalanche terrain should have experience with avalanche terrain assessment and be equipped for winter backcountry travel. Always remember to check the updated avalanche report for Kananaskis Country at www.albertaparks.ca/kananaskis.

Please practice proper winter etiquette. Snowshoeing and hiking on designated trails is dangerous for all users and ruins the groomed trails. Please limit snowshoeing and winter hiking to dedicated snowshoe trails. On ungroomed trails shared with skiers, snowshoers should stay to the edge of the trail and never walk on skier tracks.

Watch for snowshoe trail markers to help you stay on the trails.

Snowshoe Trails Locator

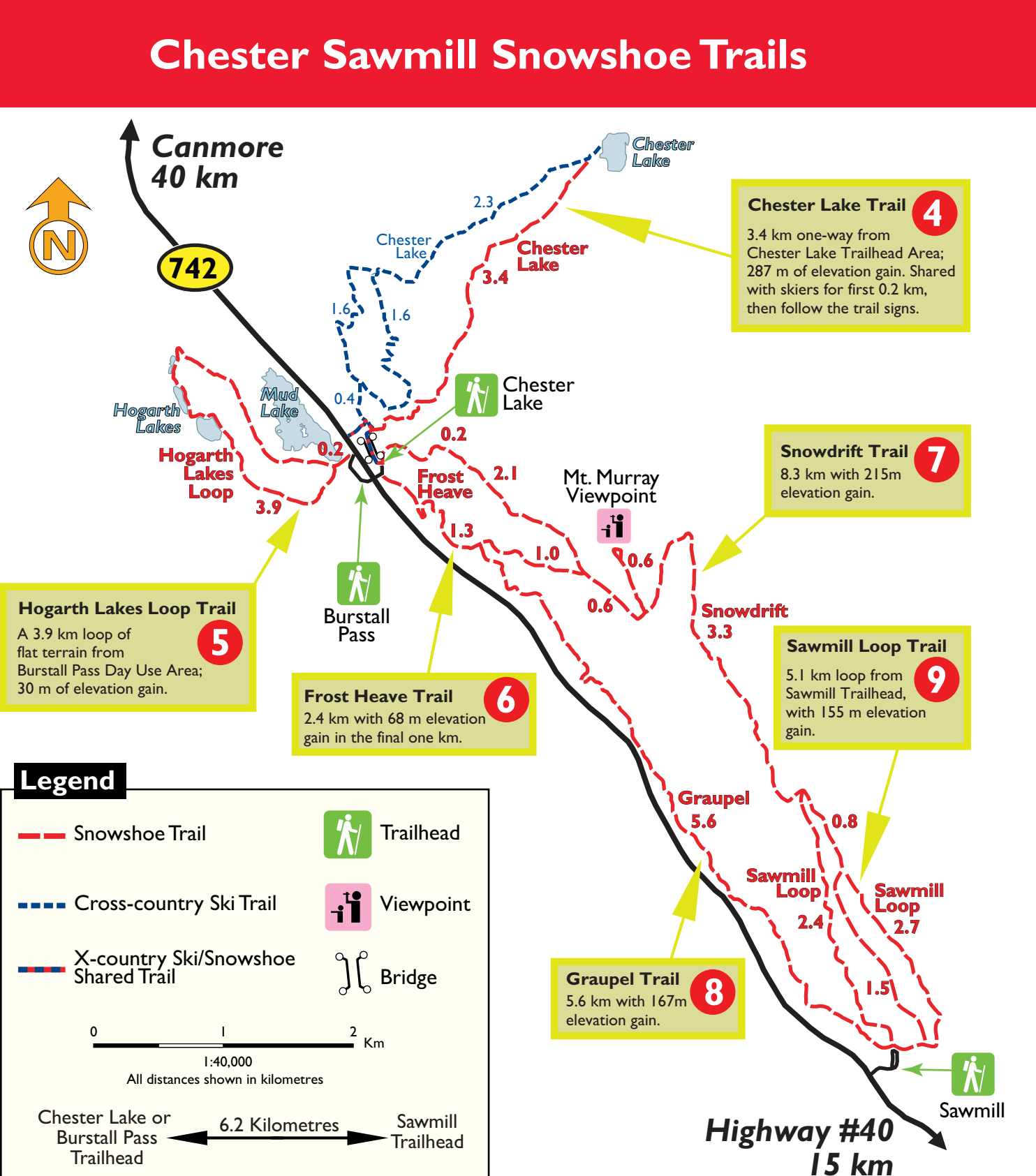


Emergency
If you require Fire, Ambulance, Police or Mountain Rescue assistance, immediately call 9-1-1. Tell the operator you have an emergency in Kananaskis Country.

Wildlife Sightings
To report a sighting of a bear or cougar, please call Kananaskis Dispatch at 403-591-7755

For more information:
Visit www.albertaparks.ca/kananaskis
Kananaskis Infoline 403-678-0760

Travel beyond designated areas is not recommended because of avalanche danger and the possibility of getting lost.



TRAIL ETIQUETTE

Yield to skiers coming downhill.
It's easier for an uphill skier to step off the trail than it is for the faster skier coming down.

Don't walk or snowshoe on ski tracks.
It ruins them for skiers. Instead, use the edges of ski trails.

Don't park on the trails.
If you stop to eat, change clothing, or take a photo—step off the trail, so others won't have to.

Watch your poles when passing.
It's sure nice when a skier steps off the track to let you by. Tuck your poles in when you pass.

When nature calls...
...and there's no outhouse? Carry a plastic bag to pack out your used paper and sanitary supplies.

Keep the trails clean.
Watch out for accidental litter at lunch or snack breaks.

Don't let the trails go to the dogs.
Remember—Fido isn't permitted on groomed trails. He's allowed only on non-groomed trails, provided he's on a leash and you remove his waste from the area.

Artwork freely adapted by Kananaskis Country, based upon original drawings by Doug Bevan.

NORSEMAN
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EXPERT FITTING.

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Peter Lougheed Provincial Park and Kananaskis Valley Snowshoe Trails



[illegible]

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