Contact

Visitor Centre

Open Year Round Phone: (403) 893–3833 Web: cypresshills.com

Campsite, Group Camp, and Comfort Camping Reservations

Toll Free: 1–877–537–2757 Web: reserve.albertaparks.ca

General Provincial Park Information

Web: albertaparks.ca Toll Free: 1–866–427–3582 Phone: (780) 427–3582

Fire Bans in Alberta

Web: albertafirebans.ca

Emergency (Police, Fire, Ambulance)

Phone: 911

24 Hour Park Help Line



Photo Credit: Travel Alberta
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Spruce Coulee Trail System

Spruce Coulee-Rodeo Loop Trail

■ 🚳 🕅 🛣 4.1 km loop

A loop trail that starts at the rodeo grounds and takes you right back after touring through spruce forest and open prairie. A great place to see wildlife.

Ridgetop-Highline-Spruce Coulee

■ \delta 🕅 🔐 9.8 km one way

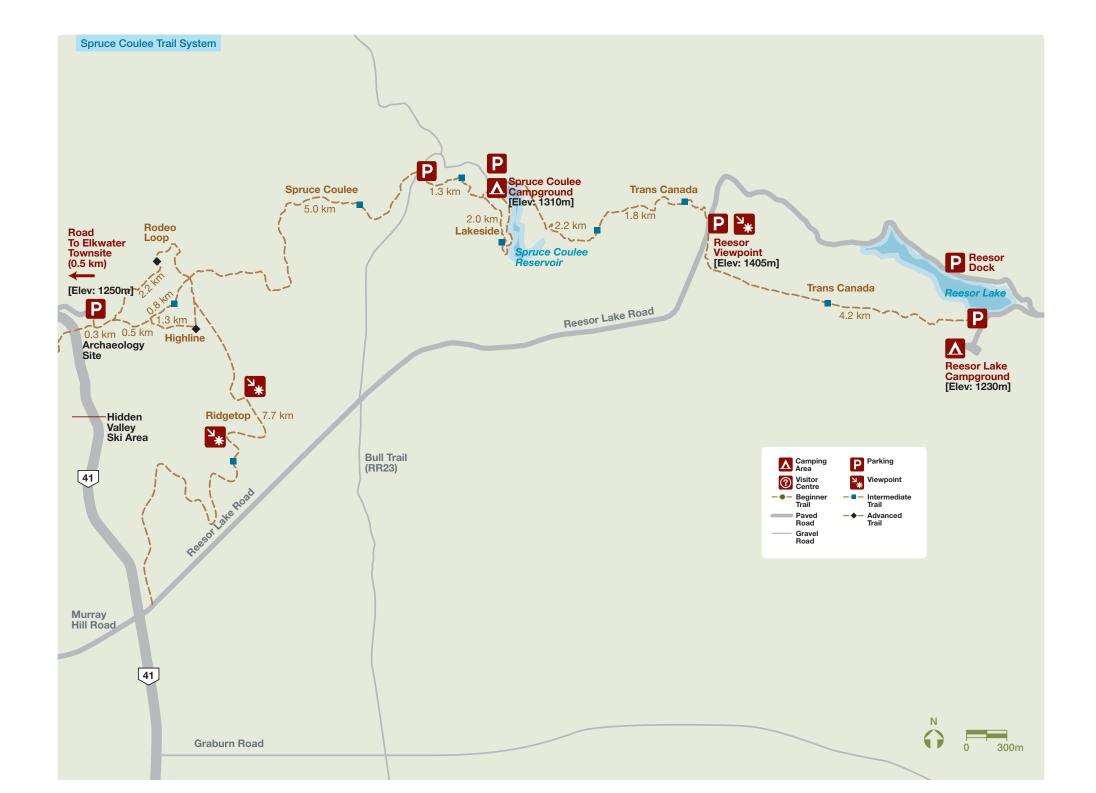
Start off on top of the Plateau as you hike past incredible viewpoints that look north into the prairie. The second part of this trail takes you through mature lodgepole pine forests and ends at the rodeo grounds.

Sunset-Spruce Coulee-Trans-Canada

◆ M 2 17.1 km one way

This hike will take you 16 kilometres and almost the entire length of the park. Start at either end and travel through spruce and lodgepole pine forests to open prairie landscapes.







Cypress Hills

Interprovincial Park





Your Adventure Awaits

Cypress Hills Interprovincial Park trails have it all, from accessible hikes along paved paths to adrenaline pumping downhill mountain biking. This trails brochure contains some of our favourite trails and experiences that can be found in the park. However, many more can be found, so get out there and explore!

Elkwater Trail System

Shoreline-Soggy Bottom

■ 3.4 km one way

A great walk for the family, follow this paved path and enjoy the views of Elkwater Lake. This trail takes you along the lakeshore and across a boardwalk.

Shoreline-Firerock-Old Baldy

■ 1.8 km loop

Feeling a little adventurous? Take this trail along the lakeshore and then stop at the Old Baldy viewpoint to view the Elkwater Townsite.

Beaver Creek Loop

Explore a series of old beaver dams on this loop trail that takes you through lodgepole, poplar and spruce forests.

Rangers-Soggy Bottom-Shoreline

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■ 3.5 km loop

Loop Elkwater with this trail. It has everything from lakeshore sites to spruce forests. Follow the fire guard as you move through the forest. Keep an eye out for wildlife as they like to frequent this trail.

Horseshoe Canyon-Beaver Creek

8 1 9.1 km loop

The Cypress Hills classic, hike up to the Horseshoe Canyon Viewpoint and then down through a cool spruce forest on the Beaver Creek trail.

Rangers-Cobble Miner-Lower Mystery-Mystery-Plateau-Beaver Creek

◆ 🚳 🕅 15 km loop

One of the longest collection of trails that make a loop in the park, this route will challenge you as a hiker or a mountain biker. See fantastic viewpoints, and travel over difficult terrain. This hike has everything.

Horseshoe Canyon-Plateau-Mystery

◆ 🔊 🕅 14.3 km loop

A great hike with a mix of lookouts and forest types. At 14.3 kilometres, this loop is a fantastic challenge as a day hike.



General Information

The Cypress Hills rise 600 meters above the surrounding prairie of southeastern Alberta. Unique discoveries wait to be found in these prairie and montane environments during every season.

Trail Safety

- Trails are multi-use; be prepared to share the trail with others.
- Stay on designated trails.
- Respect all trail and area closures.
- Select trails based on your ability and the degree of difficulty shown on the map.
- Be prepared for sudden changes in weather.
- Please advise someone of your plans. Take along a map and a basic survival kit.
- All wildlife can be dangerous. Do not approach, harass or attempt to feed wildlife or livestock.
- Report any wildlife sightings, encounters or any unusual observation to park staff.
- Please pack out your litter.
- Dogs must be kept on leash at all times.
- Ride under control at all times and reduce your speed on corners, narrow spaces or when approaching pedestrians.

