To enhance your enjoyment of the scenery and to ensure it’s just as beautiful the next time you visit, please minimize your impact and leave no trace by following park regulations and policies:

- Stay on trails; do not take shortcuts or switchbacks.
- Keep pets on a leash at all times.
- Do not pick flowers or remove natural objects.
- Pack out what you pack in, as well as any additional litter you may find.
- Wash and relieve yourself at least 60 metres from a water source when facilities are not available.
- Do not feed any wild animals.
- Open fires are not permitted in Provincial Parks. Use constructed firepits or cook on your portable stove when these facilities are not provided. Scavenging for firewood is prohibited.
- Random camping is not allowed.
- Do not pick flowers or remove natural objects.
- Keep pets on a leash at all times.
- Stay on trails; do not take shortcuts on switchbacks.

Always Go Prepared
Take along a basic survival kit: flashlight, map, first-aid kit, extra food, clothing, whistle, and raingear.
Remember, the weather can change at a moment’s notice.

For More Information
Join Us!
Suite 201 - 800 Railway Avenue
Canmore, Alberta, Canada T1W 1P1
Phone: (403) 678-5593  Fax: (403) 678-3137
www.kananaskis.org

The Sibbald area is managed as a Provincial Recreation Area within Alberta’s network of recreation and protected areas. This ensures that the recreation values are maintained for public use.

The Friends of Kananaskis Country is a not-for-profit organization with a mandate to support and enhance the natural resources and heritage appreciation of Kananaskis Country. We do this through the programs we offer and the projects we support.

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To report a sighting of a bear or a cougar: Call us toll free at 310-0000 first or call Kananaskis Dispatch at (403) 591-7755.
**Backcountry Permits**

Backcountry permits are required to camp at any of the backcountry campgrounds in Kananaskis Country. These are obtainable at many busy Kananaskis Community Information Centres, the Kananaskis Community website: **www.gov.ab.ca/kcan**

**Backcountry Permits**

**Dawson Equestrian Use**

Lusk Creek day use

Powderface Trail use

Sibbald Lake day use

**Dawson Equestrian Use**

Sibbald Lake day use

**Powderface Trail**

A pretty trail through the foothills to halfway. Combine with Baldy Pass for a forested trail with occasional views of the summit of the ridge.

**Sibbald Flat**

A rolling trail through forest and flowering meadows to Station Flats in the Elbow Valley.

**Jumpingpound Loop**

A short, steep trail through forest to the high point on the ridge. Cross the road from the picnic site to the Kananaskis Country website: **www.cd.gov.ab.ca/parks/kananaskis**

**Hilltop Grove Group Camp**

An Interpreted trail starting at the Kananaskis Country Information Centre, the backcountry reservation line (403) 678-3136, or Backcountry Permits

Be ELK Wary

All elk are dangerous.

Female elk can be especially aggressive during the breeding season, so be extremely cautious near elk calves or during calving season. Stay at least 200 yards from elk calves. Be especially cautious near elk calves or during calving season. Stay at least 200 yards from elk calves.

Keep your distance. Give elk enough room to feel comfortable.

Avoid surprise encounters. A loud shout or a loud noise is more effective than bear bells. Watch for fresh evidence of bear digging, overturned rocks and logs.

Be BEAR Smart

If a bear charges you, continue to appear non-threatening. It may be one of a series of bluff charges. Stand your ground and shout to the bear to turn you over. By playing dead, a grizzly will likely lose interest in you. If a grizzly bear attacks you, fight it off with any weapon you have including your fists.

If you're planning on some outdoor adventure, remember that you are travelling in bear country. Have some important precautions to keep in mind.

Keep your dog on a leash.

Keep at a distance of at least 3 bus lengths.

Give elk plenty of room.

Do not approach elk or their calves.

Keep your distance. Give elk enough room to feel comfortable.

Avoid surprise encounters. A loud shout or a loud noise is more effective than bear bells. Watch for fresh evidence of bear digging, overturned rocks and logs.

Be COUGAR Alert

Cougars make Kananaskis Country potentially as dangerous as bear country. If you encounter a black bear, keep your cool.

Keep your dog on a leash. Avoid surprise encounters.

Avoid any areas where you smell a dead animal.

To report a sighting of a bear or a cougar: Please call Kananaskis Dispatch at (403) 591-7755